A leader is a person who inspires groups and identifies and achieves goals in a positive manner. In a 4-H leadership development project, members learn about leadership skills including teamwork, communication, organization, goal management, decision-making, and problem solving. In addition, 4-H members can serve in authentic leadership roles in 4-H, such as a club officer, a junior or teen leader, 4-H State Ambassador, or county All Star, and leading activities in the local community.

- Learn about different types of situation-dependent leadership styles.
- Experience serving in leadership roles as well as member roles.
- Practice a variety of skills needed for positive leadership, including public speaking, organization, goal management, and decision making.

<table>
<thead>
<tr>
<th>Starting Out</th>
<th>Learning More</th>
<th>Exploring Depth</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beginner</td>
<td>Intermediate</td>
<td>Advanced</td>
</tr>
</tbody>
</table>

- Assist in hosting and serving refreshments at a 4-H activity.
- Help a new member learn the 4-H Pledge.
- Help plan and implement a project or 4-H Club program.
- Describe a decision you have made and how you arrived at the answer.
- Make a ‘things to do’ list and prioritize it. Select one item from the list and write a personal goal for it including what, how, when.
- Create a poster that teaches something to someone else.
- Prepare and give a talk about a 4-H activity at a club or project meeting.

- Teach other members in your club or project how to properly give a demonstration.
- Participate on a county 4-H council committee/ VMO.
- Help officers in your project, club or county to understand and perform correct parliamentary procedure.
- Plan a project lesson.
- Choose a problem and use the decision-making process to come up with a realistic solution.
- Attend a leadership training workshop or conference.

- Serve as junior or teen leader in a project or as an active County Ambassador.
- Volunteer for a county youth leadership role, or participate in a regional or state leadership event.
- Prepare teaching materials for use at a project meeting.
- Attend a youth-adult partnership training.
- Serve as a State Ambassador.
- Become a Teen Teacher.

The activities above are ideas to inspire further project development. This is not a complete list.
Expand Your Experiences!

Citizenship

- Plan and implement a service learning project in your community (See: http://4h.ucanr.edu/Projects/Citizenship/service_learning/).
- Create and give a presentation about a community member that exhibits leadership qualities.

Healthy Living

- Become a Healthy Living Officer (See: http://4h.ucanr.edu/Projects/HealthyLiving/Become_a_Healthy_Living_Officer/).
- Plan and implement a Color Me Green Run in your county (See: http://4h.ucanr.edu/Projects/HealthyLiving/Color_Me_Green_5K_Run/).

Science, Technology, Engineering, and Mathematics

- Lead a 4-H National Youth Science Day event in your community: www.4-H.org/NYSD.
- Serve as a Teen Teacher in a 4-H Youth Experiences in Science curriculum project in your county (see: http://cesacramento.ucanr.edu/4H/Youth_Experiences_in_Science/).

Leadership

- Become a Junior or Teen Leader.
- Become a club officer.
- Attend State Leadership Conference.
- Apply for statewide advisory committees.

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### Resources

- California 4-H Leadership
  [http://4h.ucanr.edu/Projects/Leadership/](http://4h.ucanr.edu/Projects/Leadership/)
- California 4-H Officer Manual
  [http://4h.ucanr.edu/files/167443.pdf](http://4h.ucanr.edu/files/167443.pdf)
- State Leadership Conference
  [http://4h.ucanr.edu/4-H_Files/SLC/](http://4h.ucanr.edu/4-H_Files/SLC/)
- Teens As Teachers
  [http://www.ca4h.org/files/145251.pdf](http://www.ca4h.org/files/145251.pdf)
- Youth Leadership Initiative
  [http://www.youthleadership.net/?go_main=true](http://www.youthleadership.net/?go_main=true)
- Leadership Books for Young Adults

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### Connections & Events

4-H State Leadership Conference: Youth delegates gain exposure to college life by living in the residence halls, eating in the dining commons, and participating in educational sessions.

Leadership Washington Focus: Develop an understanding of your personal leadership style, create and accomplish goals, practice effective communication with others through discussion and public speaking.

### Curriculum

- iSprout, iGrow, and iThrive
  [http://4h.ucanr.edu/About/Framework/PYD/Thrive/iSprout_iGrow_iThrive_Educational_Series_Resources/](http://4h.ucanr.edu/About/Framework/PYD/Thrive/iSprout_iGrow_iThrive_Educational_Series_Resources/)
- Step Up to Leadership
  [http://www.4-hmall.org/Category/bus-cit-leadership.aspx](http://www.4-hmall.org/Category/bus-cit-leadership.aspx)

### 4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit [http://ucanr.edu/orb/](http://ucanr.edu/orb/)

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University of California Agriculture and Natural Resources

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Publication 8615

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An electronic copy of this publication can be found at the ANR Communication Services catalog website, http://anrcatalog.ucanr.edu/. This publication has been anonymously peer reviewed for technical accuracy by University of California scientists and other qualified professionals. This review process was managed by ANR Associate Editor for Human and Community–Youth Development Lynn Schmitt-McQuity.

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